

EAST CHAMBERS DOME
2019/2020 6 WEEK CYCLE MENU PG 1 OF 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>BREAKFAST PIZZA</u> LINE 1 AND 2 Pepperoni Pizza or Hamburger on Bun Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken on Bun or Mini Corn Dogs Broccoli Corn Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>FRENCH TOAST STICKS</u> LINE 1 AND 2 Chicken Tenders or Breaded Beef Patty on Bun Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken Nuggets or Hamburger on Bun Potato Tots Seasoned Carrots Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>EGGSTRAVAGANZA</u> <u>W/BISCUIT</u> LINE 1 AND 2 Beef and Cheese Nachos or Chicken Quesadilla Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Bosco Cheese Sticks w/Marinara or Burrito Refried Beans Spanish Rice Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>SAUSAGE PATTY</u> <u>W/BISCUIT</u> LINE 1 AND 2 Chicken Spaghetti or Fish Sandwich Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Breaded beef on Bun or Chicken Rings Green Beans Roll Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>SAUSAGE PANCAKE STICK</u> LINE 1 AND 2 H/S Chicken Nuggets or Breaded Chicken Patty on Bun Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Stuffed Crust Pizza or Chicken Tenders Potato Smiles lines 3&4 Spicy Fries lines 1&2 Green Peas Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>
2/10, 3/23, 5/11	2/11, 3/24, 5/12	2/12, 3/25, 5/13	2/13, 3/26, 5/14	2/14, 3/27, 5/15

<p><u>BREAKFAST PIZZA</u> LINE 1 AND 2 Beef Patty w/Gravy or Chicken Tenders Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken on Bun or Mini Corn Dogs Au gratin Potatoes Turnip Greens Roll Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>FRENCH TOAST STICKS</u> LINE 1 AND 2 Beef and Bean Burrito or Chicken Fajita Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken Nuggets or Hamburger on Bun Pinto Beans Spanish Rice Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>EGGSTRAVAGANZA</u> <u>W/BISCUIT</u> LINE 1 AND 2 Spaghetti w/ Meat Balls or Fish Sandwich Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Bosco Cheese Sticks w/Marinara or Burrito Italian Blend Vegetables Bread Stick Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>SAUSAGE PATTY</u> <u>W/BISCUIT</u> LINE 1 AND 2 Breaded Pork Chop or Spicy Chicken Tenders Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Breaded beef on Bun or Chicken Rings Mashed Potatoes w/Gravy Squash Roll Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>SAUSAGE PANCAKE STICK</u> LINE 1 AND 2 H/S Chicken Patty or BBQ Pork on Bun Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Stuffed Crust Pizza or Chicken Tenders Shoestring Fries lines 1&2 Potato Smiles lines 3&4 Corn Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>
1/6, 3/30	1/7, 2/18, 3/31	1/8, 2/19, 4/1	1/9, 2/20, 4/2	1/10, 2/21, 4/3

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Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>BREAKFAST PIZZA</u> LINE 1 AND 2 Cajun Red Beans and Sausage Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken on Bun or Mini Corn Dogs Corn Rice Corn Bread Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>FRENCH TOAST STICKS</u> LINE 1 AND 2 Chicken Teriyaki or Egg Rolls Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken Nuggets or Hamburger on Bun Stir Fry Vegetables Chicken Rice Pilaf Bread Stick Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>EGGSTRAVAGANZA</u> <u>W/BISCUIT</u> LINE 1 AND 2 Mini Riblets or Chicken Rings Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Bosco Cheese Sticks w/Marinara or Burrito Mac and Cheese Carrots Roll Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>SAUSAGE PATTY</u> <u>W/BISCUIT</u> LINE 1 AND 2 Steak Fingers or Spicy Chicken Tenders Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Breaded beef on Bun or Chicken Rings Mashed Potatoes w/Gravy Zucchini Squash Roll Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>SAUSAGE PANCAKE STICK</u> LINE 1 AND 2 Breaded Chicken or Hamburger on Bun Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Stuffed Crust Pizza or Chicken Tenders Spicy Fries lines 1&2 Potato Smiles lines 3&4 Black-eyed Peas Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>
1/13, 2/24, 4/6	1/14, 2/25, 4/7	1/15, 2/26, 4/8	1/16, 2/27, 4/9	1/17, 2/28

<p><u>BREAKFAST PIZZA</u> LINE 1 AND 2 Chicken Crispito or Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken on Bun or Mini Corn Dogs Pinto Beans Spanish Rice Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>FRENCH TOAST STICKS</u> LINE 1 AND 2 Breaded Beef on Bun or Pepperoni Pizza Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken Nuggets or Hamburger on Bun Broccoli and Cheese Carrots Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>EGGSTRAVAGANZA</u> <u>W/BISCUIT</u> LINE 1 AND 2 Chili Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Bosco Cheese Sticks w/Marinara or Burrito Green Beans Rice Crackers Peanut Butter Cup Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>SAUSAGE PATTY</u> <u>W/BISCUIT</u> LINE 1 AND 2 Chicken Fried Steak or Chicken Tenders Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Breaded beef on Bun or Chicken Rings Mashed Potatoes w/ Gravy Squash Roll Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>SAUSAGE PANCAKE STICK</u> LINE 1 AND 2 Chili Dog or Bosco Cheese Stick w/Marinara Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Stuffed Crust Pizza or Chicken Tenders Potato Smiles 3&4 Shoestring Fries 1&2 Glazed Carrots Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>
3/2, 4/13	1/21, 3/3, 4/14	1/22, 3/4, 4/15	1/23, 3/5, 4/16	1/24, 3/6, 4/17

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Monday	Tuesday	Wednesday	Thursday	Friday
<u>BREAKFAST PIZZA</u> LINE 1 AND 2 BBQ Pork or Breaded Chicken on Bun Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken on Bun or Mini Corn Dogs Black-eyed Peas Greens Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>FRENCH TOAST STICKS</u> LINE 1 AND 2 Chicken Alfredo or Meatballs w/Gravy over Noodles Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken Nuggets or Hamburger on Bun Broccoli Roll Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>EGGSTRAVAGANZA</u> <u>W/BISCUIT</u> LINE 1 AND 2 Spicy Chicken Tenders or Mini Corn Dogs Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Bosco Cheese Sticks w/Marinara or Burrito Potato Smiles Corn Bread Stick Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>SAUSAGE PATTY</u> <u>W/BISCUIT</u> LINE 1 AND 2 Steak Finger Nuggets or Meatloaf Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Breaded beef on Bun or Chicken Rings Mashed potatoes w/Gravy Green Beans Roll Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>SAUSAGE PANCAKE STICK</u> LINE 1 AND 2 Chicken Nuggets w/or w/o BBQ Sauce or Fish Strips w/ or w/o Bun Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Stuffed Crust Pizza or Chicken Tenders Augratin Potatoes Green Peas Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.
12/16, 1/27, 4/20	12/17, 1/28, 4/21	12/18, 1/29, 4/22	12/19, 1/30, 4/30	12/20, 1/31, 5/1

<u>BREAKFAST PIZZA</u> LINE 1 AND 2 Hot dog or Sausage Link on Bun Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Choice of Spring H/S Chicken on Bun or Mini Corn Dogs Tator Tots Carrots Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>FRENCH TOAST STICKS</u> LINE 1 AND 2 Chicken Fajita or Beef Soft Taco Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken Nuggets or Hamburger on Bun Refried Beans Spanish Rice Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>EGGSTRAVAGANZA</u> <u>W/BISCUIT</u> LINE 1 AND 2 Chicken Parmesan Spaghetti or Fish Sandwich Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Bosco Cheese Sticks w/Marinara or Burrito Italian Blend Vegetables Bread Stick Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>SAUSAGE PATTY</u> <u>W/BISCUIT</u> LINE 1 AND 2 Oven Fried Chicken Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Breaded beef on Bun or Chicken Rings Mashed Potatoes w/Gravy Broccoli Roll Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>SAUSAGE PANCAKE STICK</u> LINE 1 AND 2 Cheese Burger on Bun or Spicy Chicken Sandwich Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Stuffed Crust Pizza or Chicken Tenders Corn Spicy Fries lines 1&2 Potato Smiles lines 3&4 Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.
2/3, 3/16, 5/4	2/4, 3/17, 5/5	2/5, 3/18, 5/6	2/6, 3/19, 5/7	2/7, 3/20, 5/8

* This menu is subject to change. *

** Cereal and other entrée options offered at breakfast. **

*** "This institution is an equal opportunity provider. This program is funded by USDA." ***