

East Chambers Dome  
September 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<u>3 FRENCH TOAST STICKS</u> LINE 1 AND 2 Beef and Bean Burrito or Chicken Fajita Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken Nuggets or Hamburger on Bun Pinto Beans Spanish Rice Choice of Spring Salad or Fresh vegetables. Choice of 100% Juice or Fresh Fruit. Choice of Milk.	<u>4 EGGSTRAVAGANZA W/BISCUIT</u> LINE 1 AND 2 Spaghetti w/ Meat Balls or Fish Sandwich Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Bosco Cheese Sticks w/Marinara or Burrito Italian Blend Vegetables Bread Stick Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>5 SAUSAGE PATTY W/BISCUIT</u> LINE 1 AND 2 Breaded Pork Chop or Spicy Chicken Tenders Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Breaded beef on Bun or Chicken Rings Mashed Potatoes w/Gravy Squash Roll Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk	<u>6 SAUSAGE PANCAKE</u> LINE 1 AND 2 H/S Chicken Patty or BBQ Pork on Bun Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Stuffed Crust Pizza or Chicken Tenders Shoestring Fries lines 1&2 Potato Smiles lines 3&4 Corn Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.
<u>9 BREAKFAST PIZZA</u> LINE 1 AND 2 Cajun Red Beans and Sausage Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken on Bun or Mini Corn Dogs Corn Rice Corn Bread Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>10 FRENCH TOAST STICKS</u> LINE 1 AND 2 Chicken Teriyaki or Egg Rolls Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken Nuggets or Hamburger on Bun Stir Fry Vegetables Chicken Rice Pilaf Bread Stick Choice of Spring Salad or Fresh vegetables. Choice of 100% Juice or Fresh Fruit. Choice of Milk.	<u>11 EGGSTRAVAGANZA W/BISCUIT</u> LINE 1 AND 2 Mini Riblets or Chicken Rings Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Bosco Cheese Sticks w/Marinara or Burrito Mac and Cheese Carrots Roll Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>12 SAUSAGE PATTY W/BISCUIT</u> LINE 1 AND 2 Steak Fingers or Spicy Chicken Tenders Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Breaded beef on Bun or Chicken Rings Mashed Potatoes w/Gravy Zucchini Squash Roll Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>13 SAUSAGE PANCAKE</u> LINE 1 AND 2 Breaded Chicken or Hamburger on Bun Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Stuffed Crust Pizza or Chicken Tenders Spicy Fries lines 1&2 Potato Smiles lines 3&4 Black-eyed Peas Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.
<u>16 BREAKFAST PIZZA</u> LINE 1 AND 2 Chicken Crispito or Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken on Bun or Mini Corn Dogs Pinto Beans Spanish Rice Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>17 FRENCH TOAST STICKS</u> LINE 1 AND 2 Breaded Beef on Bun or Pepperoni Pizza Chef Salad Yogurt Cheese Plate LINE 3 AND 4 H/S Chicken Nuggets or Hamburger on Bun Broccoli and Cheese Carrots Choice of Spring Salad or Fresh vegetables. Choice of 100% Juice or Fresh Fruit. Choice of Milk.	<u>18 EGGSTRAVAGANZA W/BISCUIT</u> LINE 1 AND 2 Chili Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Bosco Cheese Sticks w/Marinara or Burrito Green Beans Rice Crackers Peanut Butter Cup Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>19 SAUSAGE PATTY W/BISCUIT</u> LINE 1 AND 2 Chicken Fried Steak or Chicken Tenders Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Breaded beef on Bun or Chicken Rings Mashed Potatoes w/ Gravy Squash Roll Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.	<u>20 SAUSAGE PANCAKE</u> LINE 1 AND 2 Chili Dog or Bosco Cheese Stick w/Marinara Chef Salad Yogurt Cheese Plate LINE 3 AND 4 Stuffed Crust Pizza or Chicken Tenders Potato Smiles 3&4 Shoestring Fries 1&2 Glazed Carrots Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.

<p><u>23 BREAKFAST PIZZA</u>  LINE 1 AND 2 BBQ Pork or Breaded Chicken on Bun  Chef Salad  Yogurt Cheese Plate  LINE 3 AND 4 H/S Chicken on Bun or Mini Corn Dogs  Black-eyed Peas  Greens  Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>24 BREAKFRENCH TOAST STICKS</u>  LINE 1 AND 2 Chicken Alfredo or Meatballs w/Gravy over Noodles  Chef Salad  Yogurt Cheese Plate  LINE 3 AND 4 H/S Chicken Nuggets or Hamburger on Bun  Broccoli  Roll  Choice of Spring Salad or Fresh vegetables. Choice of 100% Juice or Fresh Fruit. Choice of Milk.</p>	<p><u>25 EGGSTRAVAGANZA W/BISCUIT</u>  LINE 1 AND 2 Spicy Chicken Tenders or Mini Corn Dogs  Chef Salad  Yogurt Cheese Plate  LINE 3 AND 4 Bosco Cheese Sticks w/Marinara or Burrito  Potato Smiles  Corn  Bread Stick  Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>26 SAUSAGE PATTY W/BISCUIT</u>  LINE 1 AND 2 Steak Finger Nuggets or Meatloaf  Chef Salad  Yogurt Cheese Plate  LINE 3 AND 4 Breaded beef on Bun or Chicken Rings  Mashed potatoes w/Gravy  Green Beans  Roll  Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>	<p><u>27 SAUSAGE PANCAKE</u>  LINE 1 AND 2 Chicken Nuggets w/or w/o BBQ Sauce or Fish Strips w/ or w/o Bun  Chef Salad  Yogurt Cheese Plate  LINE 3 AND 4 Stuffed Crust Pizza or Chicken Tenders  Augratin Potatoes  Green Peas  Choice of Spring Salad or Fresh vegetables. Choice of Canned or Fresh Fruit. Choice of Milk.</p>
<p><u>30 BREAKFAST PIZZA</u>  LINE 1 AND 2 Hot dog or Sausage Link on Bun  Chef Salad  Yogurt Cheese Plate  LINE 3 AND 4  Choice of Spring H/S Chicken on Bun or Mini Corn Dogs  Tator Tots  Carrots  Salad or Fresh vegetables.  Choice of Canned or Fresh Fruit.  Choice of Milk.</p>				