East Chambers Primary October 2018

| A HONEY BUN Hamburger on Bun or Hot and Spicy Chicken Patry on Bun or Hot and Spicy Chicken Faith on Bald or Fresh Vegetables 100% Fruit Juice or Fresh Protato Smiles Broccoli and Cheese Nomaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Protato Smiles Broccoli and Cheese Nomaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Protato Smiles Broccoli and Cheese Nomaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Protato Smiles Broccoli and Cheese Nomaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Protato Smiles Broccoli and Cheese Nomaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Protato Smiles Broccoli and Cheese Nomaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Protato Smiles Broccoli and Cheese Nomaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Protato Smiles Broccoli and Cheese Nomaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Protato Smiles Broccoli and Cheese Nomaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Protato Smiles Broccoli and Cheese Nomaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Protato Smiles Broccoli and Cheese Nomaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Protato Smiles Broccoli and Cheese Nomaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Protato Smiles 100% Fruit Juice or | Monday | Tuesday | Wednesday | Thursday | Friday |
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| and Spicy Chicken Patty on Bun Freith Choice of Milk 8 KOLACHE BAQ on Bun or Hot and Spicy Chicken Patty on Bun Potato Smiles Romaine Salad or Fresh Vegetables Romaine Salad or Fresh Potato Smiles Romaine Salad or Fresh Pruit Choice of Milk 8 KOLACHE BAQ on Bun or Hot and Spicy Chicken Patty Choice of Milk 15 HONEY BUN Hot Dog on Bun or Hot and Spicy Chicken Patty On Bun Pork-n-Beans Fruit Choice of Milk 15 HONEY BUN Hot Dog on Bun or Hot and Spicy Chicken Patty On Bun Pork-n-Beans Fresh Freith Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk 15 HONEY BUN Hot Dog on Bun or Hot and Spicy Chicken Patty On Bun Pork-n-Beans Fresh Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk 15 HONEY BUN Hot Dog on Bun or Hot and Spicy Chicken Patty On Bun Pork-n-Beans Fresh Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk 15 HONEY BUN Hot Dog on Bun or Hot and Spicy Chicken Patty On Bun Pork-n-Beans Fresh Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk 15 HONEY BUN Hot Dog on Bun or Hot and Spicy Chicken Patty On Bun Pork-n-Beans Fresh Romaine Salad or Fresh Vegetables Apales Agree Reas Romaine Salad or Fresh Vegetables Apales Agree Reas Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk 15 HONEY BUN Hot Dog on Bun or Hot and Spicy Chicken Patty on Bun Pork-n-Beans French Fries Romaine Salad or Fresh Vegetables Apales Agree Reas Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk 15 HONEY BUN Hot Dog on Bun or Hot Beans Spanish Rice Applesauce or Fresh Fruit Choice of Milk 16 CEREAL W/ POP TART Hot Dog on Bun or Hot Beans Spanish Rice Applesauce or Fresh Fruit Choice of Milk 17 BREAKFAST PIZZA Cheese Pizza or Chef Salad Or Fresh Vegetables Applesauce or Fresh Fruit Choice of Fresh Vegetables Applesauce or Fresh Fruit Choice of Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk Applesauce or Fresh Fruit Choice of Milk A KOLACHE Choice of Milk | 1 HONEY BUN | ' | 3 BREAKFAST PIZZA | 4 POP TART | 5 |
| Bun French Fries Baked Beans Romaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Fruit Choice of Milk 10 Sandarin Oranges or Fresh Fruit Choice of Milk 15 HONEY BUN Hot Dog on Bun or Hot and Spicy Chicken Patty on Bun Bun Pork-n-Beans Pork-n-Beans Pork-n-Beans Pork-n-Beans Pork-n-Beans Pork-n-Beans Pork-n-Beans Pork-n-Beans Romaine Salad or Fresh Pruit Lyce or Fresh Romaine Salad or Fresh Pruit Choice of Milk Port Salad Sandarin Oranges or Fresh Fruit Choice of Milk Port Salad Or Fresh Provit Port Salad Or Fresh Provi | _ | | Cheese Pizza or | Ravioli or | |
| French Fries Baked Beans Romaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Potato Smiles 100% Fruit Juice or Fresh Potato Fresh Potato Smiles 100% Fruit Juice or Fresh Potato Smi | and Spicy Chicken Patty on | | Chef Salad | Yogurt Tray | |
| Baked Beans Romaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Fruit Choice of Milk 8 KOLACHE BBQ on Bun or Hot and Spicy Chicken Patty on Bun Potato Smiles Romaine Salad or Fresh Vegetables Romaine Salad or Fresh Vegetables Romaine Salad or Fresh Pepperoni Pizza Romaine Salad or Fresh Vegetables Romaine Salad or Fresh Vegetables Romaine Salad or Fresh Vegetables Romaine Salad or Fresh Fruit Choice of Milk 8 KOLACHE BBQ on Bun or Hot and Spicy Chicken Patty on Bun Potato Smiles Romaine Salad or Fresh Vegetables Romaine Salad or Fresh | | | Green Peas | Green Beans | |
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| Vegetables Applesauce of Fresh Fruit Choice of Milk | | • | Vegetables | Romaine Salad or Fresh | |
| Vegetables | | | Mandarin Oranges or | Vegetables | |
| Applesauce of Fresh Fruit Choice of Milk 8 KOLACHE BBQ on Bun or Hot and Spicy Chicken Patty on Bun Potato Smiles Broccoli and Cheese Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk 15 HONEY BUN Hot Dog on Bun or Hot and Spicy Chicken Patty on Bun Pork-n-Beans Pork-n-Beans French Fries Romaine Salad or Fresh Vegetables Nandarin Oranges or Fresh Fruit Choice of Milk 15 HONEY BUN Bun Pork-n-Beans French Fries Romaine Salad or Fresh Vegetables Smoothie or Fresh Fruit Choice of Milk Choice of Milk Choice of Milk Choice of Milk | | | | | |
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| Potato Smiles Broccoli and Cheese Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk 15 HONEY BUN And Spicy Chicken Patty on Bun Pork-n-Beans French Fries Romaine Salad or Fresh Fresh Fresh Fresh Fresh Romaine Salad or Fresh Vegetables Pork-n-Beans French Fries Romaine Salad or Fresh Vegetables Romaine Salad or Fresh Vegetables Nandarin Oranges or Fresh Fruit Choice of Milk 15 HONEY BUN And Spicy Chicken Patty on Bun Pork-n-Beans French Fries Romaine Salad or Fresh Vegetables Nandarin Oranges or Fresh Fruit Choice of Milk 15 HONEY BUN And Spicy Chicken Patty on Bun Pork-n-Beans French Fries Romaine Salad or Fresh Vegetables Romaine Salad or Fresh Vege | Hot and Spicy Chicken | | • • | • | |
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| Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk 15 HONEY BUN And Spicy Chicken Patty on Bun Pork-n-Beans Pork-n-Beans French Fries Romaine Salad or Fresh Romaine Salad or Fresh Romaine Salad or Fresh Romaine Salad or Fresh Fruit Choice of Milk Vegetables Mandarin Oranges or Fresh Fruit Choice of Milk 17 BREAKFAST PIZZA Cheese Pizza or Or Crispy Beef Tacos Or Yogurt Tray Or Ham and Cheese Wrap Or Ham and | Potato Smiles | ' | Seasoned Carrots | • | Romaine Salad or Fresh |
| Vegetables Applesauce or Fresh Fruit Choice of Milk 15 HONEY BUN Hot Dog on Bun or Hot and Spicy Chicken Patty on Bun Pork-n-Beans Pork-n-Beans French Fries Romaine Salad or Fresh Fresh Romaine Salad or Fresh Fruit Choice of Milk 100% Fruit Juice or Fresh Fruit Choice of Milk Mandarin Oranges or Fresh Fruit Choice of Milk 17 BREAKFAST PIZZA Cheese Pizza or Or Crispy Beef Tacos Or Yogurt Tray Or Ham and Cheese Wrap Or H | Broccoli and Cheese | | Romaine Salad or Fresh | Corn Roll | Vegetables |
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| Applesauce or Fresh Fruit Choice of Milk 15 HONEY BUN | Vegetables | | Mandarin Oranges or | Vegetables | Choice of Milk |
| 15 HONEY BUN 16 CEREAL W/ POP TART Hot Dog on Bun or Hot and Spicy Chicken Patty on Bun Pinto Beans Pork-n-Beans French Fries Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Fruit Fruit Shakefast PIZZA 18 POP TART Spaghetti W/ Meat Sauce Chicken Tenders w/ Roll Spaghetti W/ Meat Sauce Chicken Tenders w/ Roll Cheese Pizza or Spaghetti W/ Meat Sauce Chicken Tenders w/ Roll Or Yogurt Tray Or Ham and Cheese Wrap Or Ham and Cheese O | Applesauce or Fresh Fruit | Fruit Choice of Wilk | Fresh Fruit | Peaches or Fresh Fruit | |
| Hot Dog on Bun or Hot and Spicy Chicken Patty on Bun Pork-n-Beans Pork-n-Beans French Fries Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Beef and Cheese Burrito or Crispy Beef Tacos or Crispy Beef Tacos or Crispy Beef Tacos or Chef Salad or Fresh Or Chef Salad or Fresh Or Yogurt Tray or Ham and Cheese Wrap Or Ham and Cheese Wr | Choice of Milk | | Choice of Milk | Choice of Milk | |
| and Spicy Chicken Patty on Bun Pork-n-Beans French Fries Romaine Salad or Fresh Vegetables Vegetables Applesauce or Fresh Fruit Pinto Beans Or Crispy Beef Tacos Or Crispy Beef Tacos Or Chef Salad Or Yogurt Tray Or Green Peas Romaine Salad or Fresh Vegetables Romaine Salad or Fresh Vegetables Nandarin Oranges or Or Yogurt Tray Or Ham and Cheese Wrap Potato Smiles Romaine Salad or Fresh Vegetables Romaine Salad or Fresh Vegetables Vegetables Peaches or Fresh Fruit Choice of Milk Or Yogurt Tray Or Ham and Cheese Wrap Potato Smiles Romaine Salad or Fresh Vegetables Choice of Milk Or Ham and Cheese Wrap Potato Smiles Romaine Salad or Fresh Vegetables Vegetables Choice of Milk | 15 HONEY BUN | 16 CEREAL W/ POP TART | 17 BREAKFAST PIZZA | 18 POP TART | 19 FRENCH TOAST STICKS |
| on Bun Pork-n-Beans French Fries Romaine Salad or Fresh Vegetables Vegetables Applesauce or Fresh Fruit Pinto Beans Spanish Rice Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Pinto Beans Green Beans Romaine Salad or Fresh Vegetables Romaine Salad or Fresh Vegetables Romaine Salad or Fresh Vegetables Mandarin Oranges or Fresh Fruit Choice of Milk Green Peas Romaine Salad or Fresh Vegetables Vegetables Smoothie or Fresh Fruit Choice of Milk | Hot Dog on Bun or Hot | Beef and Cheese Burrito | Cheese Pizza or | Spaghetti W/ Meat Sauce | Chicken Tenders w/ Roll |
| Pork-n-Beans French Fries Romaine Salad or Fresh Vegetables Vegetables Applesauce or Fresh Fruit Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Romaine Salad or Fresh Vegetables And Applesauce or Fresh Fruit Romaine Salad or Fresh Vegetables And Applesauce or Fresh Fruit Choice of Milk Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk | and Spicy Chicken Patty | or Crispy Beef Tacos | Chef Salad | or Yogurt Tray | or Ham and Cheese Wrap |
| French Fries Romaine Salad or Fresh Vegetables Vegetables Vegetables Applesauce or Fresh Fruit Romaine Salad or Fresh Vegetables Mandarin Oranges or Fresh Fruit Choice of Milk Romaine Salad or Fresh Vegetables Vegetables Peaches or Fresh Fruit Choice of Milk Romaine Salad or Fresh Vegetables Smoothie or Fresh Fruit Choice of Milk | on Bun | Pinto Beans | Green Beans | Green Peas | Potato Smiles |
| Romaine Salad or Fresh Vegetables Mandarin Oranges or Vegetables 100% Fruit Juice or Fresh Fruit Choice of Milk Smoothie or Fresh Fruit Choice of Milk Smoothie or Fresh Fruit Choice of Milk | Pork-n-Beans | Spanish Rice | Romaine Salad or Fresh | Roll | Romaine Salad or Fresh |
| Vegetables100% Fruit Juice or FreshFresh FruitPeaches or Fresh FruitChoice of MilkApplesauce or Fresh FruitFruitChoice of MilkChoice of Milk | French Fries | Romaine Salad or Fresh | Vegetables | Romaine Salad or Fresh | Vegetables |
| Vegetables100% Fruit Juice or FreshFresh FruitPeaches or Fresh FruitChoice of MilkApplesauce or Fresh FruitFruitChoice of MilkChoice of Milk | Romaine Salad or Fresh | Vegetables | Mandarin Oranges or | Vegetables | Smoothie or Fresh Fruit |
| Applesauce or Fresh Fruit Choice of Milk Choice of Milk | Vegetables | 100% Fruit Juice or Fresh | Fresh Fruit | | Choice of Milk |
| | | Fruit | Choice of Milk | | |
| | | Choice of Milk | | | |

| 22 KOLACHE | 23 POP TART | 24 SAUSAGE PANCAKE | 25 CEREAL W/ POP TART | 26 PANCAKES |
|----------------------------|----------------------------|------------------------|------------------------|--------------------------|
| Chicken Patty on Bun or | Beef and Cheese Nachos | <u>BITES</u> | Oven Fried Chicken or | Bosco Cheese Sticks |
| Hot and Spicy Chicken | or Breaded Beef on Bun | Pepperoni Pizza | Blueberry Parfait | Ham and Cheese on Bun |
| Patty on Bun | Refried Beans | Chef Salad | Mashed Potatoes Gravy | Oven Baked Chips |
| "Pizza" Green Beans | Spanish Rice | Corn | Cheesy Green Beans | Romaine Salad or Fresh |
| Potato Smiles | Romaine Salad or Fresh | Romaine Salad or Fresh | Roll | Vegetables |
| Romaine Salad or Fresh | Vegetables | Vegetables | Romaine Salad or Fresh | Pineapple or Fresh Fruit |
| Vegetables | 100% Fruit Juice or Fresh | Mandarin Oranges or | Vegetables | Choice of Milk |
| Applesauce or Fresh Fruit | Fruit | Fresh Fruit | Peaches or Fresh Fruit | |
| Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | |
| | | | | |
| 29 HONEY BUN | 30 CEREAL W/ POP TART | 31 BREAKFAST PIZZA | | |
| Hamburger on Bun or Hot | Cuban Flatbread Sandwich | Cheese Pizza or | | |
| and Spicy Chicken Patty on | Or Grilled Cheese sandwich | Chef Salad | | |
| Bun | Vegetable Soup | Green Peas | | |
| French Fries | Romaine Salad or Fresh | Romaine Salad or Fresh | | |
| Baked Beans | Vegetables | Vegetables | | |
| Romaine Salad or Fresh | 100% Fruit Juice or Fresh | Mandarin Oranges or | | |
| Vegetables | Fruit | Fresh Fruit | | |
| Applesauce of Fresh Fruit | Choice of Milk | Choice of Milk | | |
| Choice of Milk | | | | |