

East Chambers Elementary  
March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				<u>1 PANCAKES</u> Bosco Cheese Sticks Ham and Cheese on Bun Oven Baked Chips Romaine Salad or Fresh Vegetables Pineapple or Fresh Fruit Choice of Milk
<u>4 HONEY BUN</u> Hamburger on Bun or Hot and Spicy Chicken Patty on Bun French Fries Baked Beans Romaine Salad or Fresh Vegetables Applesauce of Fresh Fruit Choice of Milk	<u>5 CEREAL W/ POP TART</u> Gumbo Green Beans Potato Salad Rice Crackers Romaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Fruit Choice of Milk	<u>6 BREAKFAST PIZZA</u> Cheese Pizza or Chef Salad Green Peas Romaine Salad or Fresh Vegetables Mandarin Oranges or Fresh Fruit Choice of Milk	<u>7 POP TART</u> Chili or Yogurt Tray Green Beans Rice Crackers Romaine Salad or Fresh Vegetables Peaches or Fresh Fruit Choice of Milk	<u>8 FRENCH TOAST STICKS</u> Chicken Nuggets or Fish Sandwich Broccoli Cheese Rice Potato Smiles Romaine Salad or Fresh Vegetables Smoothie or Fresh Fruit Choice of Milk
11 NO SCHOOL	12 NO SCHOOL	13 NO SCHOOL	14 NO SCHOOL	15 NO SCHOOL
<u>HONEY BUN</u> BBQ Sausage Link on Bun or Hot and Spicy Chicken Patty on Bun Pork-n-Beans French Fries Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk	<u>CEREAL W/ POP TART</u> Beef and Cheese Burrito or Crispy Beef Tacos Pinto Beans Spanish Rice Romaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Fruit Choice of Milk	<u>BREAKFAST PIZZA</u> Cheese Pizza or Chef Salad Green Beans Romaine Salad or Fresh Vegetables Mandarin Oranges or Fresh Fruit Choice of Milk	<u>POP TART</u> Spaghetti W/ Meat Sauce or Yogurt Tray Green Peas Roll Romaine Salad or Fresh Vegetables Peaches or Fresh Fruit Choice of Milk	<u>FRENCH TOAST STICKS</u> Chicken Tenders w/ Roll or Grilled Cheese Sandwich Potato Smiles Romaine Salad or Fresh Vegetables Smoothie or Fresh Fruit Choice of Milk

<u>KOLACHE</u>	<u>POP TART</u>	<u>SAUSAGE PANCAKE BITES</u>	<u>CEREAL W/ POPTART</u>	<u>PANCAKES</u>
Chicken Patty on Bun or Hot and Spicy Chicken Patty on Bun "Pizza" Green Beans Potato Smiles Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk	Beef and Cheese Nachos or Breaded Beef on Bun Refried Beans Spanish Rice Romaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Fruit Choice of Milk	Bosco Sticks w/Marinara Sauce Chef Salad Corn Romaine Salad or Fresh Vegetables Mandarin Oranges or Fresh Fruit Choice of Milk	Oven Fried Chicken or Blueberry Parfait Mashed Potatoes Gravy Cheesy Green Beans Roll Romaine Salad or Fresh Vegetables Peaches or Fresh Fruit Choice of Milk	Grilled Cheese Sandwich or Ham and Cheese on Bun Oven Baked Chips Romaine Salad or Fresh Vegetables Pineapple or Fresh Fruit Choice of Milk