

EAST CHAMBERS PRIMARY/ELEMENTARY
August and September 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>27 POP TART</u> Chicken Patty on Bun or Hot and Spicy Chicken Patty on Bun Baked Beans Sweet Potato Fries Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk	<u>28 BREAKFAST PIZZA</u> Beef Tacos or Breaded Beef on Bun Refried Beans Spanish Rice Romaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Fruit Choice of Milk	<u>29 CHEERIOS W/ POP TART</u> Pepperoni Pizza Chef Salad Green Beans Romaine Salad or Fresh Vegetables Mandarin Oranges or Fresh Fruit Choice of Milk	<u>30 CHOCOLATE MINI DONUT</u> Oven Roasted Chicken or Blueberry Parfait Mashed Potatoes Gravy Broccoli Roll Romaine Salad or Fresh Vegetables Peaches or Fresh Fruit Choice of Milk	<u>31 YOGURT W/ MUFFIN</u> Chicken Nuggets Ham and Cheese on Bun Potato Smiles Green Peas Romaine Salad or Fresh Vegetables Pineapple or Fresh Fruit Choice of Milk
3 NO SCHOOL	<u>4 CHOCO MINI WHEATS W/ POP TART</u> Hamburger on Bun or Hot and Spicy Chicken Patty on Bun French Fries Baked Beans Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk	<u>5 SAUSAGE PANCAKE ON A STICK</u> Cheese Pizza or Chef Salad Green Peas Romaine Salad or Fresh Vegetables Mandarin Oranges or Fresh Fruit Choice of Milk	<u>6 SAUSAGE SQUARE PIZZA</u> Chili or Yogurt Tray Green Beans Rice Crackers Romaine Salad or Fresh Vegetables Peaches or Fresh Fruit Choice of Milk	<u>7 CINNAMON TOAST CRUNCH CEREAL W / POP TART</u> Chicken Nuggets or Ham and Cheese Wrap Broccoli Cheese Rice Potato Smiles Romaine Salad or Fresh Vegetables Smoothie or Fresh Fruit Choice of Milk
<u>10 BREAKFAST PIZZA</u> BBQ on Bun or Hot and Spicy Chicken Patty on Bun Potato Smiles Seasoned Carrots Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk	<u>11 YOGURT W/ MUFFIN</u> Chicken Fajitas or Breaded Beef on Bun Pinto Beans Spanish Rice Romaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Fruit Choice of Milk	<u>12 SAUSAGE PANCAKE ON A STICK</u> Pepperoni Pizza Chef Salad Broccoli and Cheese Romaine Salad or Fresh Vegetables Mandarin Oranges or Fresh Fruit Choice of Milk	<u>13 POWDERED MINI DONUT</u> Chicken Parmesan or Strawberry Parfait Mashed Potatoes W/ Gravy Corn Roll Romaine Salad or Fresh Vegetables Peaches or Fresh Fruit Choice of Milk	<u>14 HONEY BUN</u> Corn Dogs or Ham and Cheese Sandwich Sweet Potato Fries Romaine Salad or Fresh Vegetables Pineapple or Fresh Fruit Choice of Milk

<u>17 FRENCH TOAST STICKS</u> BBQ Sausage Link on Bun or Hot and Spicy Chicken Patty on Bun Pork-n-Beans French Fries Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk	<u>18 BOSCO CHEESE STICK</u> Beef and Cheese Burrito or Crispy Beef Tacos Pinto Beans Spanish Rice Romaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Fruit Choice of Milk	<u>19 MUFFIN AND SAUSAGE LINK</u> Cheese Pizza or Chef Salad Green Beans Romaine Salad or Fresh Vegetables Mandarin Oranges or Fresh Fruit Choice of Milk	<u>20 SAUSAGE SQUARE</u> <u>PIZZA</u> Spaghetti W/ Meat Sauce or Yogurt Tray Green Peas Roll Romaine Salad or Fresh Vegetables Peaches or Fresh Fruit Choice of Milk	<u>21 EGGSTRAVAGANZA W/</u> <u>BISCUIT</u> Chicken Tenders w/ Roll or Ham and Cheese Wrap Potato Smiles Romaine Salad or Fresh Vegetables Smoothie or Fresh Fruit Choice of Milk
<u>24 POP TART</u> Chicken Patty on Bun or Hot and Spicy Chicken Patty on Bun "Pizza" Green Beans Potato Smiles Romaine Salad or Fresh Vegetables Applesauce or Fresh Fruit Choice of Milk	<u>25 BREAKFAST PIZZA</u> Beef and Cheese Nachos or Breaded Beef on Bun Refried Beans Spanish Rice Romaine Salad or Fresh Vegetables 100% Fruit Juice or Fresh Fruit Choice of Milk	<u>26 CHEERIOS W/ POP TART</u> Pepperoni Pizza Chef Salad Corn Romaine Salad or Fresh Vegetables Mandarin Oranges or Fresh Fruit Choice of Milk	<u>27 CHOCOLATE MINI DONUT</u> Oven Fried Chicken or Blueberry Parfait Mashed Potatoes Gravy Cheesy Green Beans Roll Romaine Salad or Fresh Vegetables Peaches or Fresh Fruit Choice of Milk	<u>28 YOGURT W/ MUFFIN</u> Bosco Cheese Sticks Ham and Cheese on Bun Oven Baked Chips Romaine Salad or Fresh Vegetables Pineapple or Fresh Fruit Choice of Milk

THIS MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider. This program is funded by USDA."